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**Актуальные Вопросы Женского Здоровья**

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**Dear Readers,  
Greetings from Georgia!**

It's really very difficult time for all of us. However, due to the efforts of our team and our authors this volume is ready for publications and we decided to continue our work.

In accordance with the proposal of Dr. Larisa Skuratovskaya, deputy Editor in chief of our Journal, we decided to begin the Journal heading with information about active women doctors, who made a significant contribution in medicine, medical healthcare and women rights in the field of medicine and the heading with short information concerning most important and actual news in medicine, from other journals.



The medical professionals have especially hard responsibility in this time, so, continuing our work, we hope to be useful for our readers and that helping each other, all together, we will overcome this pandemic and all supported difficulties.

Wish you the health and wealth.

Thanks to be our readers.

*Editor in Chief – Dr N. Zhvania, MD, PhD*  
President of Georgian Medical Women's Association

*Deputy Editors in Chief: Dr*

*Kh. Kaladze, MD, PhD*

*Dr L. Skuratovskaya MD, PhD*

ბ. სურათოვა

ბ. სურათოვა  
სურათოვა

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DR. LINDA J. STILLMAN AND YOUNG GLOBAL LEADERSHIP  
FOUNDATION

*Learn from the Past - Live in the Present - Look to the Future*



The Young Global Leadership Foundation (YGLF) guides aspiring young adult leaders from around the world to become global citizens and great leaders. YGLF guides and provides opportunities to expand their global visions and goals through their *educational, professional and civic engagement* choices towards a peaceful, prosperous and positive global society in the 21st Century. YGLF adheres to and advocates the spirit and essence of the United Nations Sustainable Development Goals (SDGs): Agenda 2030.

Dr. Linda J. Stillman, is the visionary and founder of YGLF who first created the concept, following her doctorate in philosophy and her dissertation focused on the Impact of Culture and Communication on Leadership at the United Nations, completed in 2005. Dr. Linda focused fundamentally, but not exclusively, on women and leadership.

Married to a German diplomat for decades, she was a young woman leader during the Cold War, leading and establishing intercultural women's organizations in Morocco, Yugoslavia, Iceland, Germany and the USA to create peaceful, productive and positive relations and actions . Adjacently, she developed her academic career as a Culture and Communication specialist, to become a university educator for 20 years, then ultimately a global mentor.

Dr. Linda Stillman first served the United Nations at UNIFEM as special public affairs consultant in 1994 in preparation of the Fourth UN Women's World Conference: The Beijing Platform for Action and its 12 Critical Areas of Concern. Then, she served Soroptimist International (the largest professional women's organization, worldwide) as a UN representative for a decade (2001-2010). Her engaging if often challenging experiences inspired her to undertake her doctoral studies to better understand a difficult era of constant contention, often conflict, among many women world leaders, despite their mutual goals. In 2010, Dr. Linda chose to focus on the future generations of aspiring young adult global leaders, working young women and men, together. It marked the rise the Millennials and now the Gen Z's, to advance human rights and social development in

the 21<sup>st</sup> Century. For 10 years, she has been an egalitarian mentor to many worldwide, from refugees to royals.

The Young Global Leadership Foundation was officially formed, by its original leadership team in 2012; today, Dr. Linda serves as the Chair/President and CEO. In Winter 2013, YGLF hosted its inaugural, 5-day Global Colloquium in New York City to commemorate and celebrate its launching, attended by 125 young leaders, representing 27 countries. It resulted in a global network and a platform that has evolved and expanded till today.

In 2018, YGLF was granted the coveted UN NGO ECOSOC status and immediately became active, given Dr. Linda's long-time interaction in various capacities at the UN. The 17 Sustainable Development Goals (SDGs) are at the core of the YGLF mission. The 17 SDGs address the advancement of: *People - Planet - Peace - Prosperity - Partnership*.

YGLF particularly emphasizes SDG No 4: Quality Education, No 5: Gender Equality and No 17: Global Partnerships, as the core SDGs to achieve the rest, collaboratively. YGLF also became an official member of UN CoNGO, Academic Impact, NGO CSW Committee, and the Committee on Education: Learning & Literacy (CELL).

YGLF UN representatives have been particularly active on several NGO CSW sub committees from the onset of its official UN status. Twenty-five years later, The Beijing Platform of Action and its 12 Critical Areas of Concern remain the most important global document to promote women's rights, gender equality and social development. The UN Commission on the Status of Women (CSW) has thematically targeted the 12 Critical Areas of Concern annually, since 1995, at its 2 - week session in March started in 1946. YGLF presented its first official parallel event on "Equality Education and Civil Society." Then, last Fall 2019, UN Women, divisions of the CSW, and civil society introduced a new movement: **Generation Equality** and planned a monument launching, worldwide, at the CSW 2020: Beijing +25.

*However, life happens while we are making plans!* This Winter 2020 the world was horrifically confronted with the Corona Crisis, causing all UN live meeting activity to halt. The CSW was canceled, and anticipated being the large since its inception 74 years ago. YGLF was again accepted to present its second parallel event on Women and

the Environment. The world swiftly turned to virtual communication, a great tribute to global technology, to enable organizations, and society – at -large, to continue to focus and function on their aspirations and agendas to achieve the UN SDGs: Agenda 2030.

Since 2018, the YGLF leadership team established its Internship Program (Spring 2019) that enables aspiring young leaders, a 3-6 month internship it includes participation at UN Main Headquarters New York City, to acquire invaluable global experience. In early Winter 2020, YGLF expanded the internship program to Vienna, providing parallel opportunities for young leaders in the European Union. Furthermore, YGLF was offered a platform at the bi-annual Donaufest (Danube Festival: 2020) Ulm, Germany, attended by participants from 14 “Danube countries” while 350,000 visitors enjoy the festivities and activities. during for 10 days. Clearly, the Fest was canceled; however, it will reconvene in 2022, and YGLF will be there!



*Image 2. From left to right Vadim Repin, Corresponding Member of the Russian Academy of Medical Sciences, Dr. Linda J. Stillman, His highness, Bader bin Saud bin Mohammed Al Saud, Professor Larisa Skuratovskaya*

YGLF has also formed an Inter-generational Advisory Council in Fall 2019, engaging representatives, worldwide, who offer their education, experience and expertise to guide engaging young leaders. Recently, YGLF has welcomed long-time supporter and keynote speaker at the Colloquium, Larissa Skuratovskaya, to the Council.

Then, the interns have also launched the Young Leaders to Young Leaders initiative to create SDG High School Clubs in Winter 2020. Concurrently, YGLF plans to offer small - group, salon sessions on the UN, SDGs and Leadership in the 21<sup>st</sup> Century,

once society returns to reality meetings, upon ending the pandemic. YGLF has also made multiple presentations at universities and for organizations, upon request, around the world, since 2012. Finally, YGLF also collaborates with several organizations in strategic alliances to coordinate complementary programs to achieve mutual goals.

In closing, this immeasurable global crisis of 2020 has impacted the lives of most people on the planet. Fortunately, health has become, once again, a primary issue for world leaders and citizens, everywhere, and the health professionals and essential providers have rightfully become our heroes. Still, the new-normal reaction and increasing regulation -- in response to the power of the pandemic -- has radically altered civilization, human rights and social development at present.

The Millennials and Gen Zs need and deserve unconditional guidance and support to overcome the daunting dynamics of their arrival into adulthood society during these terrible times. YGLF is prepared and present to fulfill its fundamental mission:

To mentor and to guide aspired young adult global leaders, towards a more peaceful – prosperous – positive global society in the 21<sup>st</sup> Century.



## INFORMATION FOR AUTHORS

Journal “Actual Topics on Women’s Health” is peer-reviewed multidisciplinary journal, which publishes research and review articles related to women's health and health care.

The articles should be submitted in English or Russian Languages. In any case articles must be accompanied by the Abstracts in English, Russian and Georgian Languages (not more than 200 words). The content of articles as of the abstracts should be strictly identical and consist: the introduction, objectives, methods, results, discussion, conclusions and 4-6 key words. The total volume of articles with abstracts and list of references should be at list 5 and not more than 12 pages (A4 format).

The articles must be printed on the standard typing paper (A4 format). Typeface – Sylfaen, fonts size – 12, line spacing – 1, 5, margins: top and bottom – 2 cm, left and right – 2, 5cm. The articles must be followed by the list of references. The list of references is located at the end of articles. All references cited in the text must be listed. References are numbered in the text by numbers given in the square brackets. In the case of necessity the numbers are repeated throughout the text. The list of references should be arranged alphabetically in accordance with the surname of the first author and include: authors surname and initials, name of the Journal (book), year of publication, volume, number, and the first and the last pages. In the case of book the place and publisher should be provided.

Articles should be presented in the printed form and as electronic version. It is also possible to send articles by email.

Black and white graphics should be submitted in MS Excel format, the other black and white drawings can be submitted in the form of JPG files.

The print of color graphics or photos needs the special permission of Journal Editorial board. In the beginning of the article, should be listed the authors and their place of work. Manuscript must be signed by all authors. The contact information (phone number and e-mail of corresponding author) should be indicated.

Printing of articles in the journal is provided by the expense of the authors.

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